



1. FREYA

Body

FREYA SPEAKS:

I bless your body.

It is your instrument for channeling the most powerful sensations.

It is your vehicle, it is your shield.

It belongs to you, and only you know what it needs.

*So it's time to listen to it, to respect it.
Keep it protected, nourished, balanced.
The reward will be priceless.*

MESSAGE

The outside world is frantic and can drain our energy. We need to be aware of this; if we are not in tune with our bodies, the busy pace can weaken our vitality. This message is about healing and nutrition. Freya wants us to pay attention to our physical side and make sure we are nourishing ourselves.

Freya is a northern European goddess who encompasses feminine concepts such as beauty, sexuality, fertility and magic. She's also in charge of a great hall named Sessrúmnir where she takes care of the souls of those who die in battle. Freya and her family are part of a powerful group of gods called the Vanir, and they are linked to wisdom and clairvoyance.



2. ISIS

Protection

ISIS SPEAKS:

Receive my wisdom.

There is so much power inside you.

So much need to protect what matters to you.

It's time to express it.

*This will illuminate your relationship with
the world.*

*Showing the strong, motherly energy that
flows from you.*

MESSAGE

Isis knows our power, the power of our love, our willpower. She wants us to embrace this force to protect what is important to us. This is how the Goddess wants us — empowered and developing a strong relationship with the world.

Isis is the great mother goddess of the Egyptians. She represents magic, healing and rebirth for her people. After her brother, Seth, dismembered her husband, Osiris, she went after each piece and reassembled him, bringing him back to life.



3. PERSEPHONE

Intuition

PERSEPHONE SPEAKS:

I recognize the beauty and wisdom in your soul.

So trust your intuition, believe in yourself.

Take a deep breath and feel all the wonderful things that exist within you.

See that you are in a fertile period of your life.

Now you can fill the world with that love.

MESSAGE

Persephone shows us a path to self-knowledge. She teaches us the importance of cycles and that everything has its time to be born. The Goddess wants us to trust our instincts; they are a fundamental part of our wholeness and serve us as a compass, guiding us toward a destiny of wholeness and acceptance.

The queen of the Underworld, Persephone is the Greek goddess of fertility. Her myth talks about her kidnapping and her rescue, and the timing represents the seasons and the phases of agriculture. She and her mother, Demeter, were central figures in the initiation rites of an important agrarian cult known as the Eleusinian Mysteries.