

## 5. THE PORTAL BECKONS

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*Retreat*



FIND PEACE BY TUNING IN TO A HIGHER-FREQUENCY version of yourself. Some people might covet the light you carry, but you are stronger than you know. Leave behind those who cannot (or will not) change for the better. If you find yourself embroiled in a relationship that takes more than it gives (whether it is with a romantic partner, friend, or

co-worker), begin to withdraw your energy as soon as you can when it does not feel right. Sometimes the signs may look like a spiral, as repeated behaviours that eventually become less subtle. Gather your internal resources. Use your heart-brain to discern what is conducive to your soul's purpose and stick with that. Seek respite in the wisdom of your higher self and those in your community who will stand by your sovereignty and growth. You are a powerful being and your own master.

### NEO-MYTHIC BRIDGE

When the terrestrial human population became intolerable, the Tuatha Dé Danann (a supernatural race) found sanctuary in the Otherworld. After many battles, the Tuatha Dé Danann decided to retreat to a realm of peace for their people. They sometimes return to the surface world and are occasionally seen near ancient mounds.

## 6. AVALON GARDEN DEVA

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*Observe and Listen*



THERE IS MOVEMENT ALL AROUND YOU. STOP FOR a moment and listen. Feel the deep currents and influences that are affecting your life and personal environment. Ask the subtle energies in nature to communicate what needs to be done. You will know the answer intuitively when it comes through.

The Deva looks hesitant to engage here — even surprised you can see her. The elementals do not automatically love humans, for they are wary of their destructive nature. Comfort her with your actions by nurturing your garden or environment in some way. She will respond in kind.

The delicacy of flowers is worth your contemplation and protection. They are a physical example of a magical merging of the three worlds with their roots below and the flower above, reaching for the heavens. Adapt to the devic world instead of expecting them to adapt only to yours. This shift in thinking will truly expand your perception and inner sight.

### NEO-MYTHIC BRIDGE

We know plants are sentient beings that can react to our love or anger. Perhaps this is because each one of them has a guardian elemental spirit. In the crown adorning our Deva is one of the first plants to appear in the Glastonbury garden in spring. It is called the Lords-and-Ladies. This amazing plant is both male and female and has become a symbol of Beltane. The Divine Feminine flower cradles the Divine Masculine in her green chalice.

## 7. WICK HOLLOW

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### *An Invitation Beckons*



A JOURNEY AWAITS YOU. THIS MAY CHANGE YOUR perception of life as you know it. Forget your known programs and accepted paradigms for a moment to explore. Close your eyes and enter the green tunnel. Your imagination runs wild as ancient memories stir. Feel the portals around you open up into the supernatural realm of the Otherworld. The animals watch you from their secret hiding places, knowing the Mother Goddess is there to protect them.

You may choose to accept or reject the invitation to traverse between the worlds. If you accept, a sacred gift will be given to you as you finish your journey within the magical realms. It is for you to bring back to the Terrestrial World. Some will not listen to you or believe your experiences. But you carry this treasure of Avalon inside you, and you understand that sharing it will stimulate the consciousness and enhance the everyday life of the people that you come in contact with. This could be achieved through art, music, writing, or other modalities that you wish to use.

#### NEO-MYTHIC BRIDGE

The processional path to the Tor through Wick Hollow has a primordial feeling, with creatures calling out on the right and left. Foxes and owls can be heard with badgers scurrying into the bushes as you pass. Trees grow sideways out of the cliff face like walls, creating an eerie atmosphere. Couples often tryst there, hidden beneath the leafy bowers.

## 8. MANANNÁN MAC LIR

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### *New Discoveries*



YOU HAVE THE KEYS TO UNLOCK THE DOORS TO AN expanded awareness. Be open to new discoveries by considering the existence of other realities. There is so much still unknown to us – veiled, cloaked, and hidden from sight. When you are near the vastness of the ocean, remember it is part of the Otherworld and ponder how much is waiting to be experienced.

Ancient texts and carvings record the presence of otherworldly beings in times when ‘gods and

men’ walked side by side and fairy folk lived among the mortals. These are your fairy allies, who occupy the same space as you and are there for you to call forth. They love it when you honor them with rituals, such as creating an altar of natural and precious ornaments in your garden or the forest. Try dressing in fey costume and attending a fairy ball or event. Masks and fantasy costumes allow you the freedom to try out a different scenario in another reality and have fun!

As you evolve and raise your frequency, you can look forward to living consciously among other races and deities once more. Perhaps you can see them already! Bring your new skills from this contact into your life and creations. This will allow them to once again live in the Terrestrial World and in the consciousness of others.

### NEO-MYTHIC BRIDGE

Some of the fey races are sea people. They were once assumed to be gods, as everyone who didn’t look like a human was called a god. Sea gods or ‘fish men’ hailing from kingdoms under the ocean are recorded in almost every culture throughout history, such as the Sumerian Enki, Poseidon, the Dogon ancestral spirits called Nommo, and of course, mermaids and mermen.