

WHITE
SAGE
TAROT

SAMPLE

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SAMPLE
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WHITE SAGE TAROT

Seeking a way to balance the masculine energy in our culture with a soft, strong and feminine deck, White Sage Tarot was born. The white sage plant is often used in smudging, particularly as an ancient Native American method to cleanse spaces and people. The intention of White Sage Tarot is to help people find clarity and flow while navigating life's journey.

White Sage Tarot is a modern, minimalist 78-card deck based on a classical model of tarot. The animals wear clothing, creating a whimsical touch to both the Court Cards and the Major Arcana. The colors of the seven chakras (energy centers) are incorporated into the Minor Arcana Cards as an additional way to read the deck.

GETTING STARTED

When you get your deck it is good to spend some time with it, shuffle it

and even smudge it with some white sage. To do this, burn white sage over a fireproof dish and allow the smoke to flow over each card. Once finished, you can store your deck in a spread cloth for safekeeping.

READING THE CARDS

If you are a beginner, start with simple three-card spreads such as:

- past / present / future
- mind / body / spirit
- strength / struggles / advice

Shuffle the cards and think of an open-ended question or concept. Cut the deck and pull one card at a time. Some cards will show upright (U) others will be reversed (R). Before you refer to the card meanings (written in the pages to come), be an observer. What symbols do you see in each card? How do they interact with each other? Where is there repetition in the colors, suits or numbers? How do the cards make you feel? Okay, now you can look up the meanings!

A DIFFERENT PERSPECTIVE

Tarot has a special way of helping us see new perspectives. It also helps us uncover things that we may be afraid of or are trying to avoid. When this happens, it is a good chance to go deeper into the lightness, as well as into the darkness.

CHAKRAS

Although our bodies are filled with thousands of energy points, they are most condensed along the spine. Just as sound waves have different vibrations, so do these energy centers, which are called *chakras*. Their frequencies correlate to the colors in a rainbow. White Sage Tarot contains ribbons, crowns and other symbols that correspond with these colors. Allow your intuition to guide your readings and draw your awareness inward. (A separate Chakra reference card is provided as part of the deck.)

THE MAJOR ARCANA

0 THE FOOL

UPRIGHT: Fresh start, inner child

A puppy marches along without a care in the world. All the Fool needs to be happy is a little stick and life is good. A storm is off in the distance but this doesn't slow him down. He is always an advocate for diving in head first with the innocence of a child. The Fool can be an indicator of starting a new spiritual practice with an element of spontaneity. This Fool is based on my goldendoodle named Mauer, a light-hearted soul.

REVERSED: Hesitancy to start, lacking confidence

There is a need for a new beginning, but there is some hesitancy about making it happen. This card indicates new spiritual beginnings. Sometimes this card can mean change is coming, whether you want it or not.

CHAKRA 1 Muladhara: *Base of spine, red light*

1 THE MAGICIAN

UPRIGHT: Elusive, miracles, magick

A feather floats effortlessly in the air above a nazar that wards off evil. This card is a good reminder to take the high road in order to access your unlimited power. The Magician card taps into your emotional, energetic and physical body. This powerful card signals that you can make a difference in your own life and in the world. Getting in the flow is as easy as a feather drifting in the wind.

REVERSED: Lacking self-discipline and purpose

You may be wary about making the necessary changes in order to use your power in a more spiritual and effective manner.

CHAKRA 6 Ajna: *Third eye, violet light*

2 THE HIGH PRIESTESS

UPRIGHT: Intuitive, all-knowing

The High Priestess is like any cool cat, on top of the world with a quiet sense of control. You can't help

but feel drawn to her. She is calm, cool and collected. She lives a life above everyday drama. This cat is based on my cat, Udi, who runs our household.

REVERSED: Impatient, blockage

The High Priestess in reverse may indicate impatience and an inability to access intuition. She may show up as being stubborn and controlling.

CHAKRA 7 Sahasrara: *Crown, white light*

3 THE EMPRESS

UPRIGHT: Strong feminine energy, emotional balance

The Empress taps into the subtle yet strong power of the divine feminine. Connected to both earth and water elements, the Empress is at home anywhere she can express herself. This image is based on a sea lion that lives in La Jolla, California.

REVERSED: Impatient, superficial

When the Empress is in reverse, watch out for over-extending

yourself. Remember, you need to put on your own oxygen mask first, before you reach out to help others.

CHAKRA 2 Svadhisthana: *Pelvis, orange light*

4 THE EMPEROR

UPRIGHT: Authority figure, loyal

The Emperor is a jolly old father figure who has always had a strong work ethic and reaps the rewards. He is a powerful authority figure who pats his belly and says, "It's all paid for." This card is a reminder to not let symbols of success and status get in the way of real happiness.

REVERSED: Lacks self-discipline, poor boundaries

When the Emperor shows up in reverse, be ready to hold your ground. There may be a person in your life who calls all of the shots. This card can also represent an archetype you find within. Be aware of making assumptions and judging others.

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